

BE THE CHANGE
A Mindfulness Retreat with the Monks and Nuns in the Tradition of Zen Master Thich Nhat Hanh
August 20-25, 2010 – Estes Park Center/YMCA of the Rockies

How to Register

You may register for the retreat online, by fax or by mail. Please register before July 19th to ensure a place at the retreat. On July 19th the rooms we have reserved for the retreat may have to be released. After that date please call the YMCA to check on the availability of rooms.

How to fill out the registration form:

If you would like to share a room with a specific person, please register on the same form. If you do not specify a roommate, we will assign you roommate(s) by gender. For each person in your group or family, print the full name on the form. Please use an extra sheet as needed. Please indicate the age of all participants less than 18 years of age to help us with housing assignments and to better coordinate the children's and teens programs. We will be sending your confirmation information to the person and address filled out at the top of the registration form.

-Register securely online: [HTTPS://www.ygroupres.org/TNH/](https://www.ygroupres.org/TNH/)

The registration form is available at www.tnhtour.org or at www.yincarockies.org (for the YMCA, click on Conferences and Reunions, then click on **Be the Change** in the menu on the left and download the form) OR by calling 970 586-3341, Ext. 1062 or 1010).

-Register by Fax: Fax your registration form to (970) 586-0118 (at the YMCA).

-Register by mail: Mail your registration form with check, money order or credit card (MasterCard/VISA/Discover Card only) information to **Conference Registrar, Be the Change , Estes Park / YMCA of the Rockies, 2515 Tunnel Rd, Estes Park, CO 80511. Please make checks payable to Estes Park Center/YMCA.**

Confirmation: You will receive a confirmation letter with pertinent information in about three weeks after we have received and processed your registration. A color brochure with a map will be included with helpful information about your stay at the Estes Park Center/YMCA of the Rockies.

For questions about registration, lodging and travel directions: Please call YMCA at 970-586-3341, the primary extension is 1062; the secondary extension is 1010.

For further questions about the retreat activities: Email info@tnhtour.org or call 845 733-4959 Ex:22

Shuttle Bus from Denver Airport to Estes Park Center/YMCA via the Estes Park Shuttle Service:

If you make your reservation at their website, www.estesparktransportation.com, beginning April 1st-August 10th, you will receive the round trip discounted price of \$76.50. The discount code for our retreat is: *SMILE* (be sure to use UPPER case letters at their web site). You can also call (970) 586-5151 with your flight and credit card number to book a reservation.

CANCELLATION/REFUND POLICY:

Notice of Cancellation	Refund Amount Per Person
On or before July 19 th , 2010	Refund of the amount paid less \$50 processing fee.
After July 19 th , 2010	50% refund of the full fee.

No refund of any portion of the registration fee is available for late arrivals or early departures.

We look forward to your arrival and send our warmest regards!

Blue Cliff Monastery's Registration Team

BE THE CHANGE

Retreat Registration Form - In the Tradition of Zen Master Thich Nhat Hanh at the YMCA, Colorado Aug 20 - 25, 2010

Please print the information required below clearly

Name (LAST, first) : _____

Address : _____

City : _____ State : _____ Zip: _____ Country: _____

Daytime phone: _____ Evening phone: _____

Fax: _____ Email: _____

In Case of Emergency Contact - name: _____ Phone: _____

-Rates: Fees include tuition, accommodations, taxes, and meals (meals start with dinner Aug. 20nd and end with lunch Aug 25th).

-People with physical disabilities and/or with special needs: Please contact the YMCA before registering so we can support you.

-Scholarship / Financial aid: Limited funds are available for those in need; please call 845-733-4959, Ext. 22 for an application form, and to register for the retreat.

-Camping is unavailable on the YMCA campus.

-Contributions to Scholarship Fund: Your generosity makes it possible for those in need to attend the upcoming 2010 retreats. Any amount would be appreciated. Donations are tax deductible.

Housing Codes	Accommodation Type (if you do not specify a roommate on this form we will assign you roommate(s) by gender)	Fees/Person (\$)
5PRM	Five Person Room	625
4PRM	Four Person Room	690
3PRM	Triples Room	770
DBLE	Double Occupancy	890
CPL	Couples Occupancy	890
SNGL	Single Occupancy	1290
SDNT	Student Rate (ages 18-26 with I.D.)	525
Family Rates:		
PRNT	-Parents Rate (with children attending retreat)	745
TEEN	-Teen ages 13-17 (to be housed with parents)	295
CHILD	-Children ages 6-12 (to be housed with parents)	175

Last name, First name (the contact person we will use for your group will be the person at the top of this form)	Age	Gender	Housing Codes	Amount
Contribution to Scholarship Fund (optional):				\$
Total Due:				\$
Amount Enclosed:				\$
Balance Due:				\$

Special Interest Discussion Groups

We will arrange our discussion groups according to geographic regions so that you can connect with other practitioners who live near you. We will also have special interest groups that are listed below. If you are interested, please circle only **ONE** group of your choice; otherwise we will assign you to a group by geographic region. Availability of special interest groups will depend on number of participants and logistic limitations.

- Persons of Color - Family Practice - Young Adult(18-32) -Transforming Grief - Lesbian/Gay/Bisexual

Please pay in full upon registration; if unable, please send 50% of the full balance to reserve your space. The remainder is due upon check-in at Estes Park/YMCA.

Method of Payment: Check Money Order Master Card Visa Discover American Express

Credit Card# _____ Exp. Date _____ Signature Code: (Last 3#'s from back of credit card) ()

Name as it appears on card: _____ Cardholder's Signature: _____

Billing Address of Credit Card holder (Required): _____