

CULTIVATING A CULTURE OF AWAKENING

Mindfulness retreats with the Monks & Nuns
in the tradition of
ZEN MASTER THICH NHAT HANH

~2010 TOUR~

MINDFULNESS RETREAT IN VIETNAMESE

July 15-18, Deer Park Monastery, Escondido, CA

THE WORLD WE BECOME

July 21-25, Deer Park Monastery, Escondido, CA

HAPPINESS IS THE WAY

August 4-8, Blue Cliff Monastery, Walker Valley, NY

BE THE CHANGE

August 20-25, YMCA of the Rockies, Estes Park, CO



“Dear friends, if you look deeply enough, you will see me in the Retreat, walking with you, sitting with you, breathing with you. I feel clearly that I am in you and you are in me. In this Retreat, you will witness the talent of the Sangha: You will see that Thay is already well continued by the Sangha, and the presence of the Sangha carries Thay’s presence.”

—Thich Nhat Hanh

**People of all ages, experiences
and backgrounds are warmly welcome!**

For more information
and registration:
www.tnhtour.org

or e-mail:
info@tnhtour.org